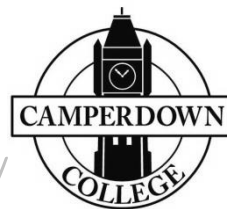




Camperdown College

Lunch Service Menu



Hot Food		Price
Chicken and Gravy Roll		\$5.00
Fried Rice		\$4.00
Zucchini Slice		\$4.00
Chicken Breast Fillet (Single – Plain)		\$3.00
Chicken Fillet Roll (Lettuce, Cheese and Mayo)		\$5.00
Cheese Burger (Roll with Meat Pattie and Cheese)		\$5.00
Egg and Bacon Roll		\$5.00
Lasagne		\$4.00
Steamed Dim Sim (1)		\$1.00
Sweet Chilli Tender		\$1.50
Sweet Chilli Wrap (Lettuce, Tomato, Cheese and Mayo)		\$5.00
Salads		Price
Coleslaw		\$4.00
Greek Salad		\$4.00
Tangy Tomato		\$4.00
Thai Beef Salad		\$4.00
Egg Salad		\$4.00
Potato Salad		\$4.00
Rolls and Sandwiches (Gluten Free Bread available \$1.00 extra)		Price
Breads include: White, Multi-Grain, Wholemeal, Gluten Free, Wrap		
Chicken, Lettuce and Mayo		\$4.50
Chicken Salad		\$5.00
Egg and Lettuce		\$4.50
Ham Lite ** Gluten Free Ham		\$4.50
Ham Salad		\$5.00
Salad Roll (No Meat)		\$4.80
	Salad: Lettuce, Tomato, Cheese and Carrot	
Toasted		Price
Ham and Cheese		\$4.50
Snacks		Price
Apple/Orange Sliced ** Gluten Free		\$0.50
Boiled Egg ** Gluten Free		\$1.00
Fresh Fruit Salad ** Gluten Free		\$3.00
Bulla Frozen Yoghurt (Strawberry or Mango)		\$2.00
Bulla Ice Cream Cup		\$2.00
Muffins (rotating Banana & Raspberry, Cocoabanana or Carrot & Poppyseed)		\$1.50
Original Popcorn		\$1.50
Peckish Rice Crackers (Salt & Vinegar or Cheddar Cheese)		\$1.50
Drinks		Price
Nippy's Milk 250ml		\$2.20
Water 600ml		\$1.50
Focus Water 350ml (Raspberry and Blackcurrant)		\$2.20
Juice 250ml (Apple & Blackcurrant, Orange or Apple)		\$2.40



Green: Best & healthiest choices

Amber: Choose carefully, foods should be eaten in moderation

Camperdown College Lunch Service Arrangements 2017

As previously advised, in 2017 our school lunches will be provided by a local business. The aim is to provide students at both campuses with a wide range of nutritious and attractive lunch items through a service that is cost-neutral to the school. School Council is pleased to advise that lunches will be provided by Camperdown Country Roasts & Salads through a daily ordering system explained below.

In 2017, students at both campuses will be able to order their lunch (hot and cold meal options, drinks and snacks) by handing in their lunch order **before school**.

The student will put their name onto a pre-printed order form and tick the items they wish to order.

This form plus the **correct change** will be placed into a see-through zip-lock sandwich bag and handed in:

- At the Junior Campus, students will continue to hand in their lunch orders to the class teacher at the start of the day (8.50am). The lunch orders will go into the class tub and the lunches will be returned in the tub, in the manner that students are accustomed to this year.
- At the Senior Campus, students will put their lunch orders into a central drop box in the office. This must be done before the first class commences (9am).

Lunch orders will be available from Monday to Friday with the following exception: College Café (the Year 9/10 catering elective) will run at the Senior Campus every Tuesday for the whole year so there will be **no** Senior Campus lunch orders available on a Tuesday. Students are encouraged to purchase their lunch from College Café on these days. Junior Campus students will have access to lunch orders every day of the school week.

The new lunch service arrangements will provide students with a more extensive menu than the one we have previously been able to offer and will see a return to the Monday – Friday service. Please note, however, that there will be no option for students to purchase snacks or drinks for recess, as all lunch orders will be delivered to a central point at each campus at the beginning of lunchtime every day. Students will need to bring snacks from home and are encouraged to bring and refill a water bottle at school each day. Breakfast Club will still run at each campus, with the 2017 days yet to be determined.

The new menu (over-page) will still reflect the Department's healthy eating guidelines for school canteens. The colour coding on the menu will remind students of the 'every day' and 'choose carefully' items. In addition to the regular menu items, a weekly special will be advertised through the newsletter.

To ensure the smooth running and sustainability of the new lunch service model, your support and understanding is sought in the following ways:

- No late lunch orders can be accepted. Students at each campus must hand in their lunch order at the start of the day as the supplier will be collecting the orders shortly after 9am.
- Correct change must be supplied in a sealed, see-through zip-lock bag.
- Under no circumstance is a student or parent to make direct contact with the supplier to put in a late order or to request additional (non-menu) items be added to an order.

If you have any questions relating to the lunch service in 2017, please contact me at your earliest convenience. Thank you for your co-operation as we transition to this new delivery model which School Council is confident will serve the needs of our students and school.

Cherie Kilpatrick
Principal



Lunch Bag Rules:

When ordering from the lunch service menu, please fill out the supplied pre-printed order forms and place the correct change in a zip lock bag with your child's order form.

Orders are to be placed in lunch order boxes at the Junior Campus and the central drop box at the Senior Campus Office. Lunches will be delivered to each campus by 12.50pm each day.



**Watch
this
space!**

Keep an eye on the weekly newsletters for regular lunch specials.